

Alliance



Comment la science peut-elle guider cette transition?

Food in the Anthropocene: the EAT–Lancet Commission on healthy diets from sustainable food systems



Walter Willett, Johan Rockström, Brent Loken, Marco Springmann, Tim Lang, Sonja Vermeulen, Tara Garnett, David Tilman, Fabrice DeClerck, Amanda Wood, Mallin Jonell, Michael Clark, Line J Gordon, Jessica Fanzo, Corinna Hawkes, Rami Zurayk, Juan A Rivera, Wim De Vries, Lindiwe Majele Sibanda, Ashkan Afshin, Abhishek Chaudhary, Mario Herrero, Rina Agustina, Francesco Branca, Anna Larrey, Shenggen Fan, Beatrice Crona, Elizabeth Fox, Victoria Bignet, Max Troell, Therese Lindahl, Sudhvir Singh, Sarah E Cornell, K Srinath Reddy, Sunita Narain, Sania Nishtar, Christopher J L Murray



Current Intakes vs Planetary Health Diet

Limited intake



Red meat



Starchy vegetables



Eggs



Poultry



Dairy foods

Optional foods

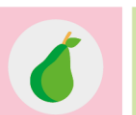
Emphasized foods



Fish



Vegetables



Fruit



Legumes

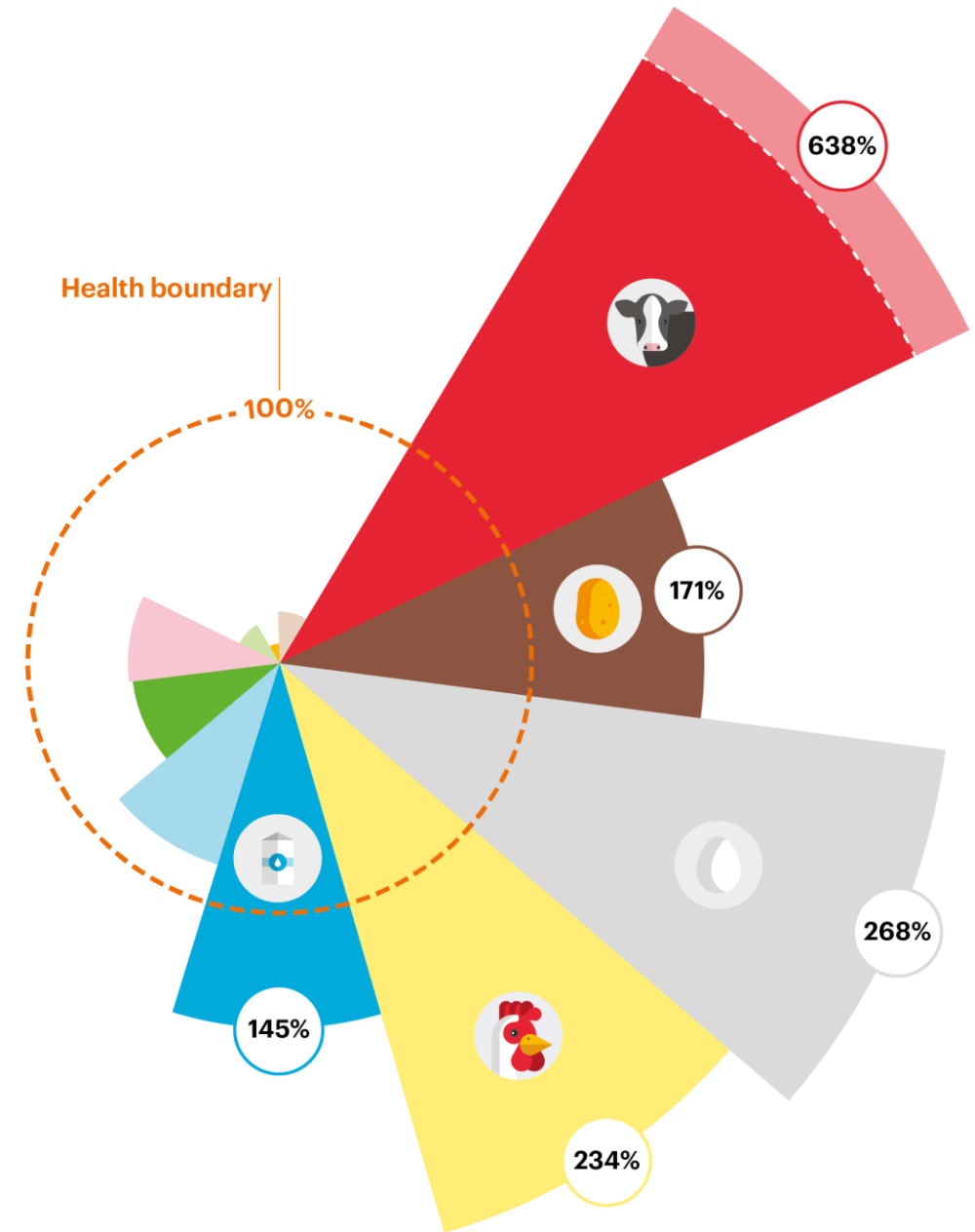


Whole grains









Nuts

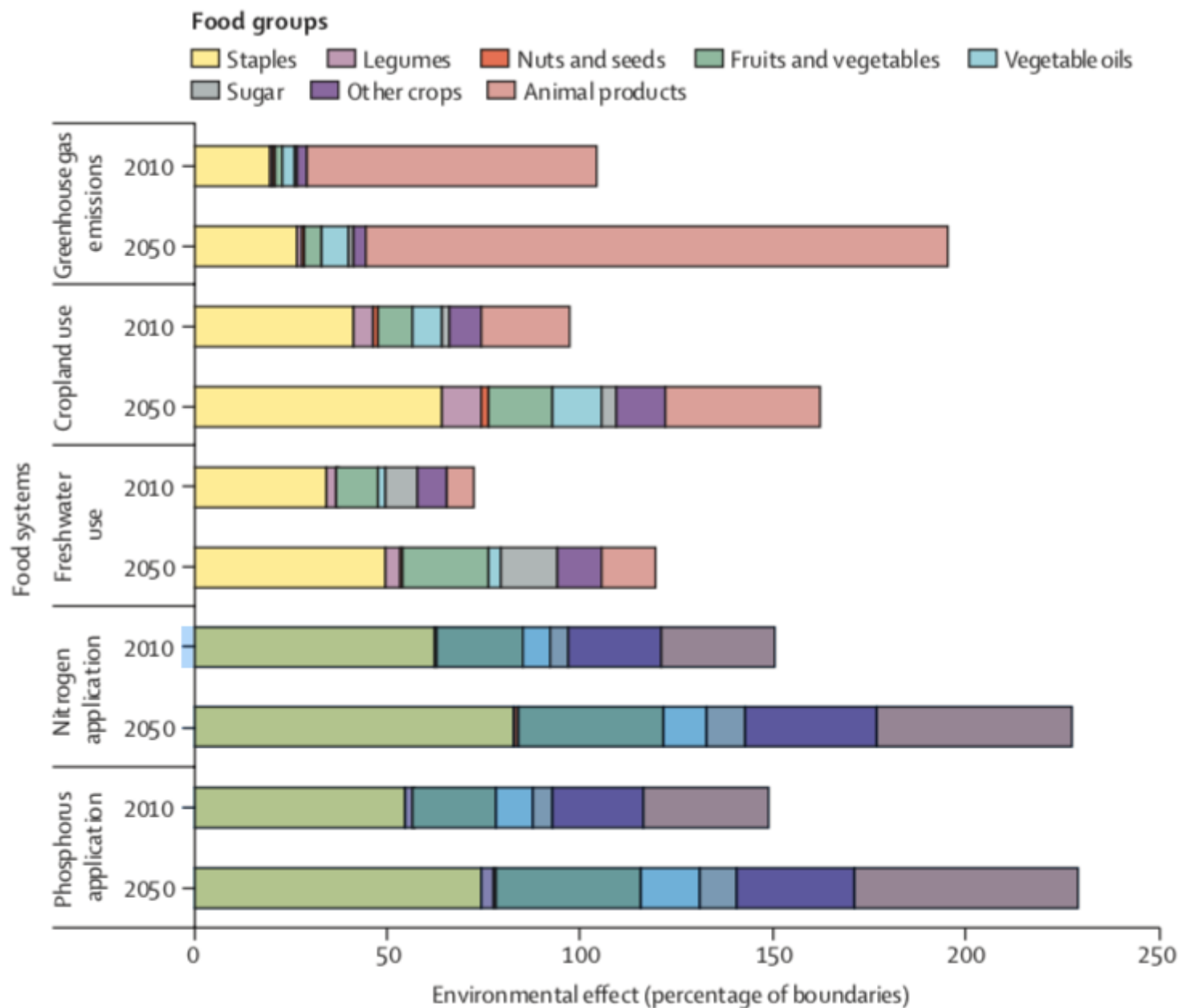
North America



Target 2 – Sustainable Food Production

Earth system process	Control variable	Boundary (Uncertainty range)	Global Implication
Climate change	 GHG emissions	5 Gt CO₂-eq yr⁻¹ (4.7 – 5.4 Gt CO ₂ -eq yr ⁻¹)	No new emissions from Agriculture
Land-system change	 Cropland use	13 M km² (11–15 M km ²)	0 land expansion 10-20% Integrity km ²
Freshwater use	 Water use	2,500 km³ yr⁻¹ (1000–4000 km ³ yr ⁻¹)	>30% flows in basins
Nitrogen cycling	 N application	90 Tg N yr⁻¹ (65–90 Tg N yr ⁻¹) * (90–130 Tg N yr ⁻¹)**	Pollution <1 – 2.5 mg N L ⁻¹
Phosphorus cycling	 P application	8 Tg P yr⁻¹ (6–12 Tg P yr ⁻¹) * (8–16 Tg P yr ⁻¹)**	Pollution <50- 100 mg P m ⁻³
Biodiversity loss	 Extinction rate	10 E/MSY (1–80 E/MSY)	50% land intact by ecoregion

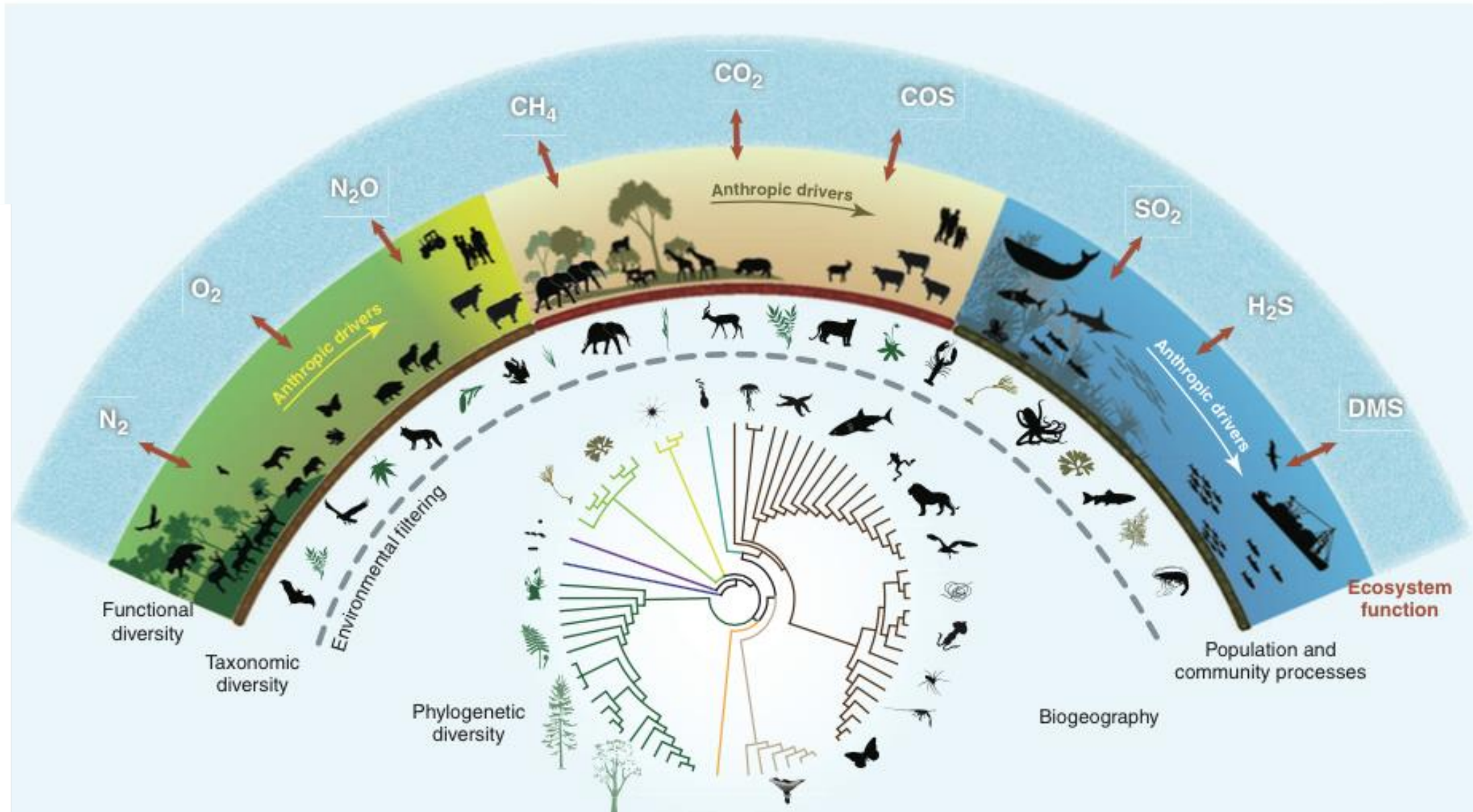
Global Adoption of the Western diet is not an option



The Functions of Biological Diversity in an Age of Extinction

Shahid Naeem,^{1,*} J. Emmett Duffy,² Erika Zavaleta³

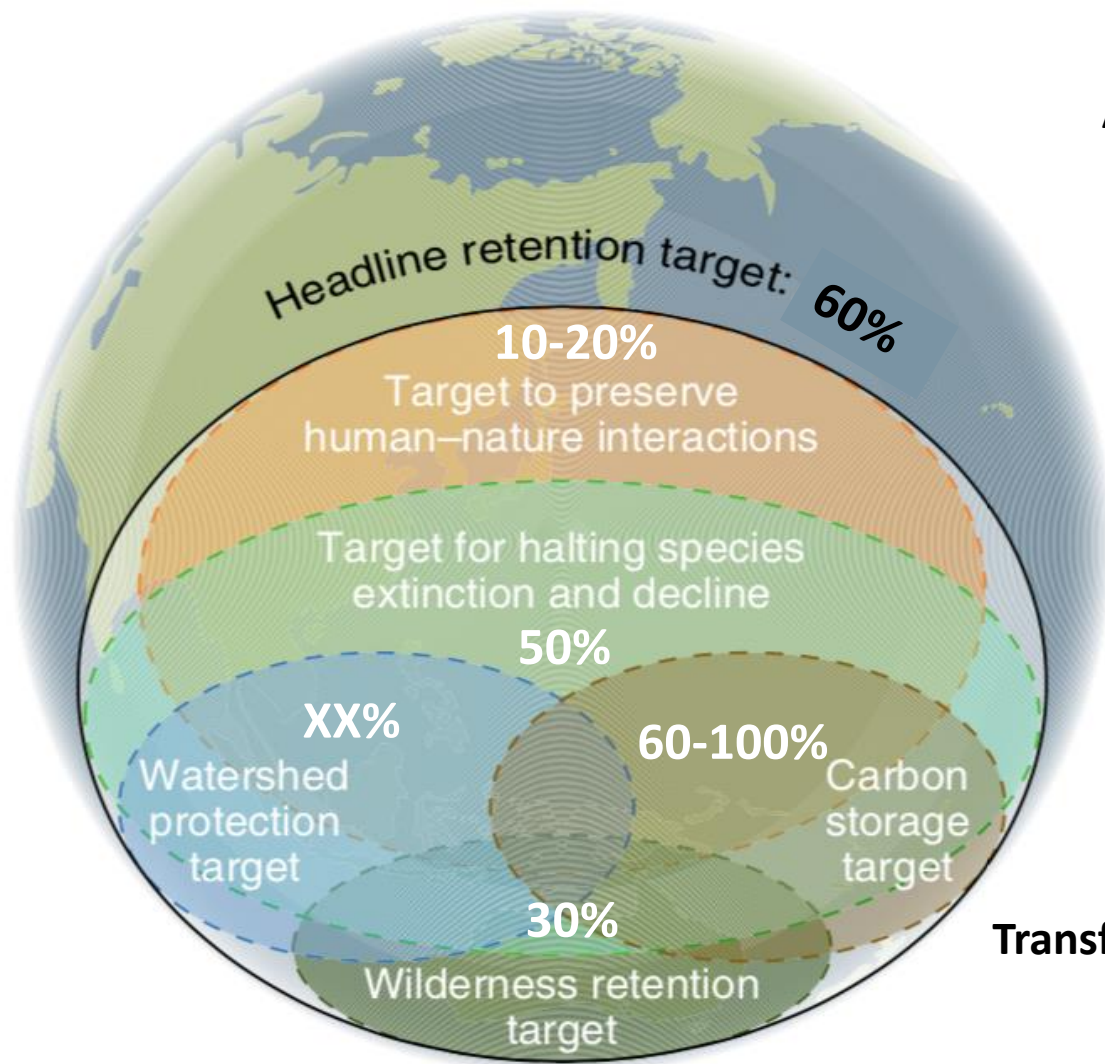
www.sciencemag.org SCIENCE VOL 336 15 JUNE 2012



Bold nature retention targets are essential for the global environment agenda

Ambitious targets for the retention — not just formal protection — of nature are urgently needed to conserve biodiversity and to maintain crucial ecosystem services for humanity.

Martine Maron, Jeremy S. Simmonds and James E. M. Watson



AR³T Framework

Avoid conversion (no net loss of nature)

Regenerate 12-17 M km² in Ag. to:

- support food production
- mitigate climate
- buffer water
- support connectivity

Restore >23 M km² to:

- Stabilize climate
- Halt extinction losses
- Regulate hydrological flows

Reduce pressures on biodiversity in Ag.

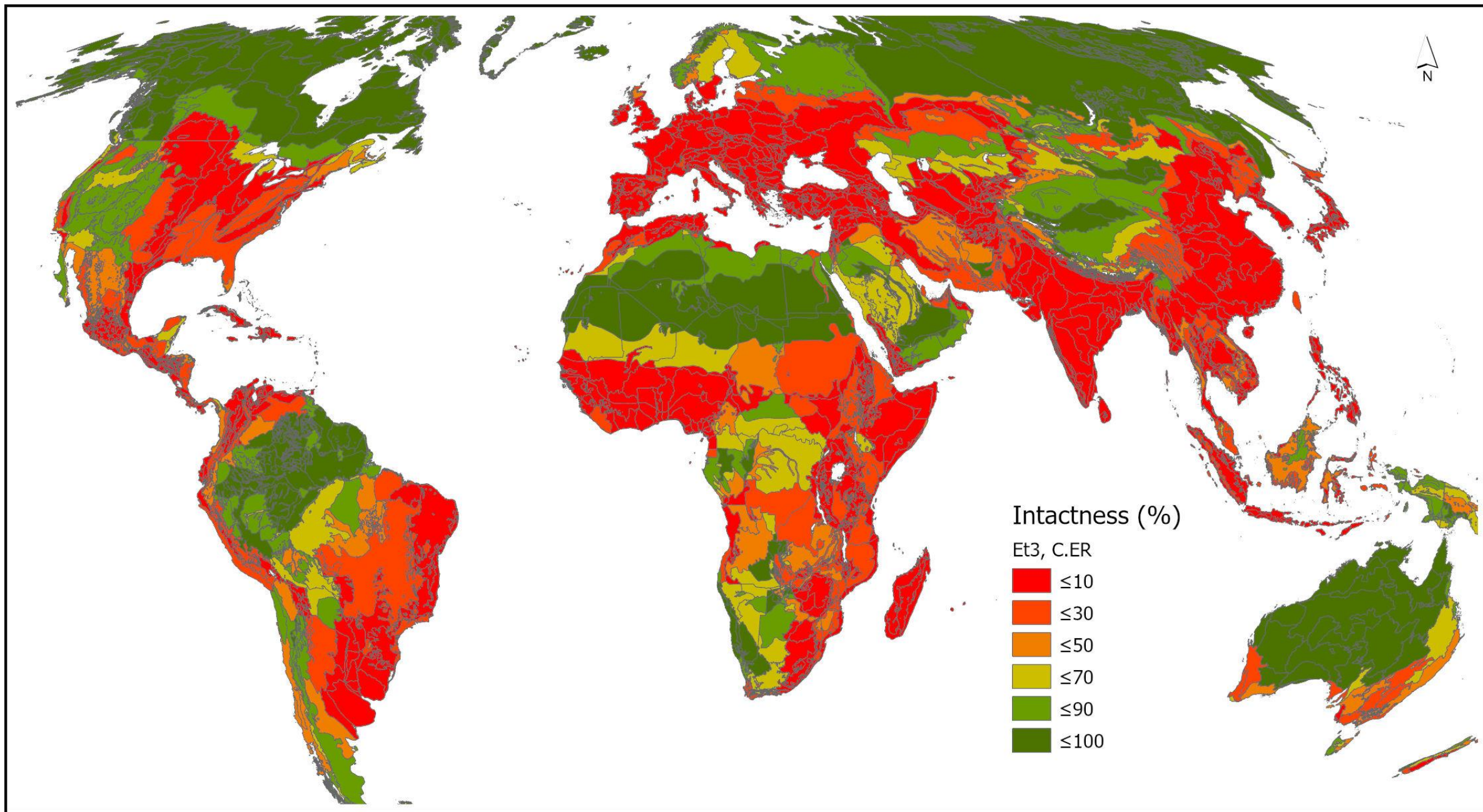
Transform food production in line with global goals

Sources:

Maron, M., Simmonds, J.S. and Watson, J.E., 2018. Bold nature retention targets are essential for the global environment agenda. *Nature Ecology & Evolution*, 2(8), pp.1194-1195.

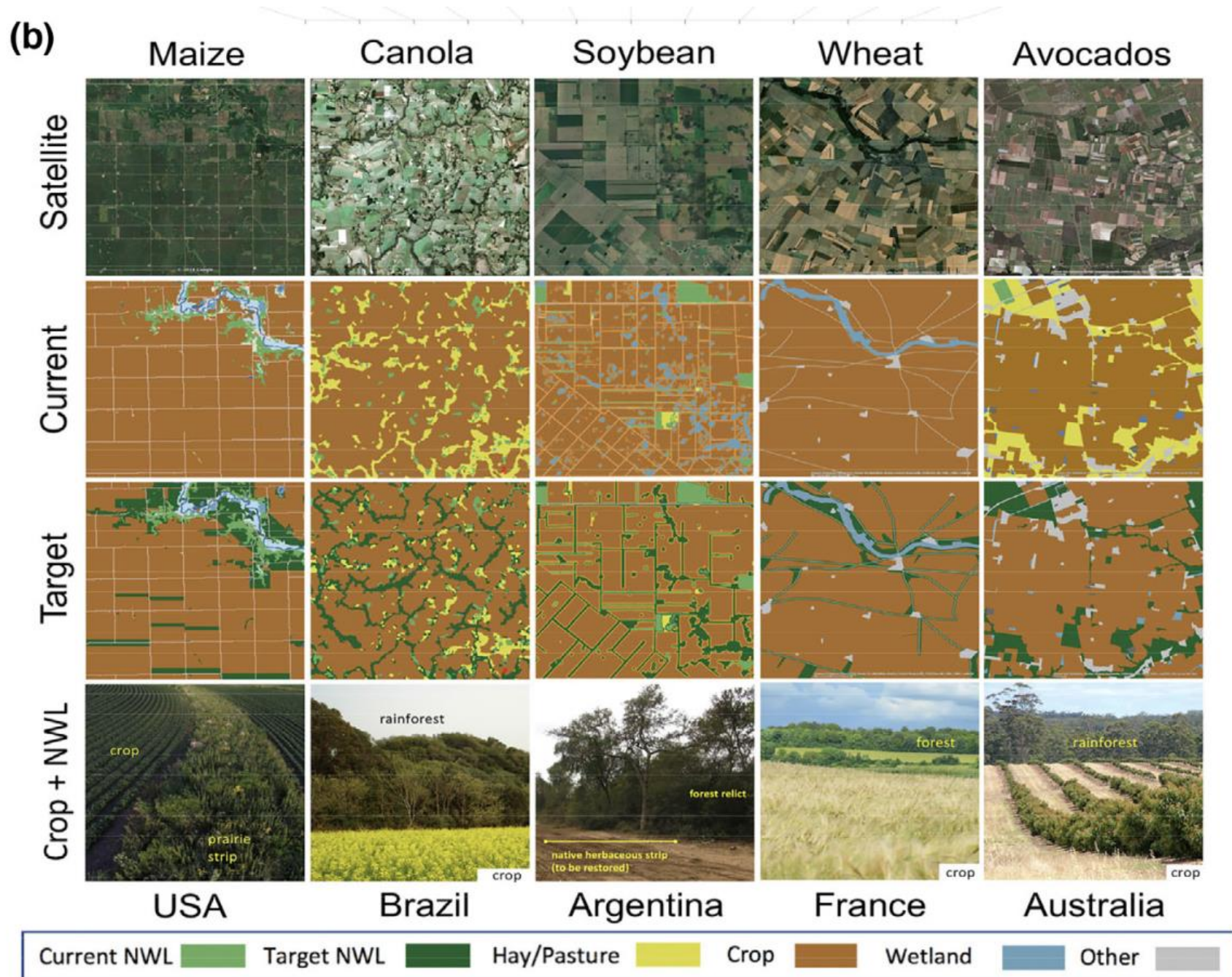
DeClerck, F., Jones, S., Estrada-Carmona, N. and Fremier, A., 2021. Spare half, share the rest: A revised planetary boundary for biodiversity intactness and integrity.

SBTN. 2020. [Interim Guidance for Nature](#).

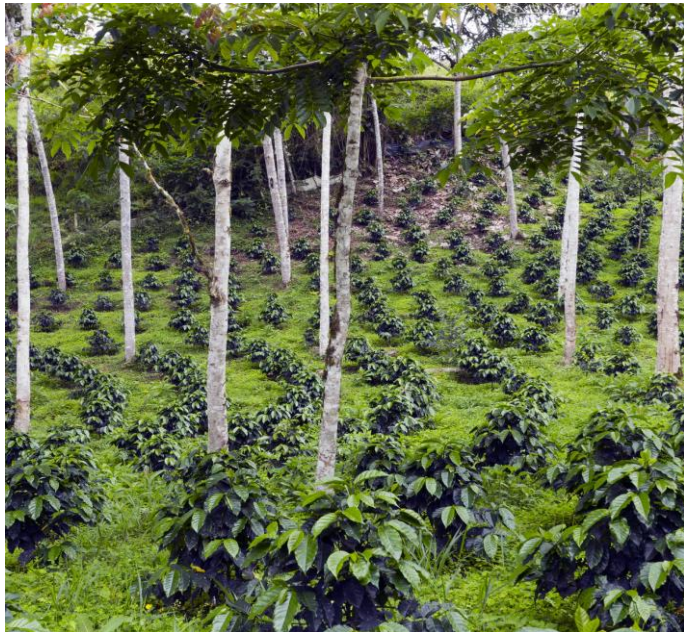


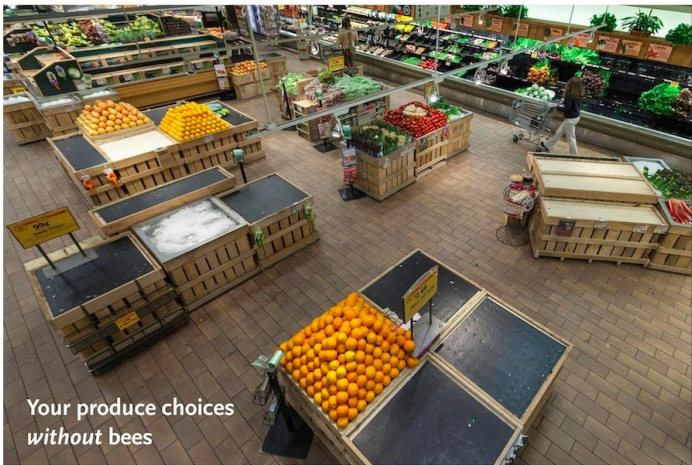
Working landscapes need at least 20% native habitat

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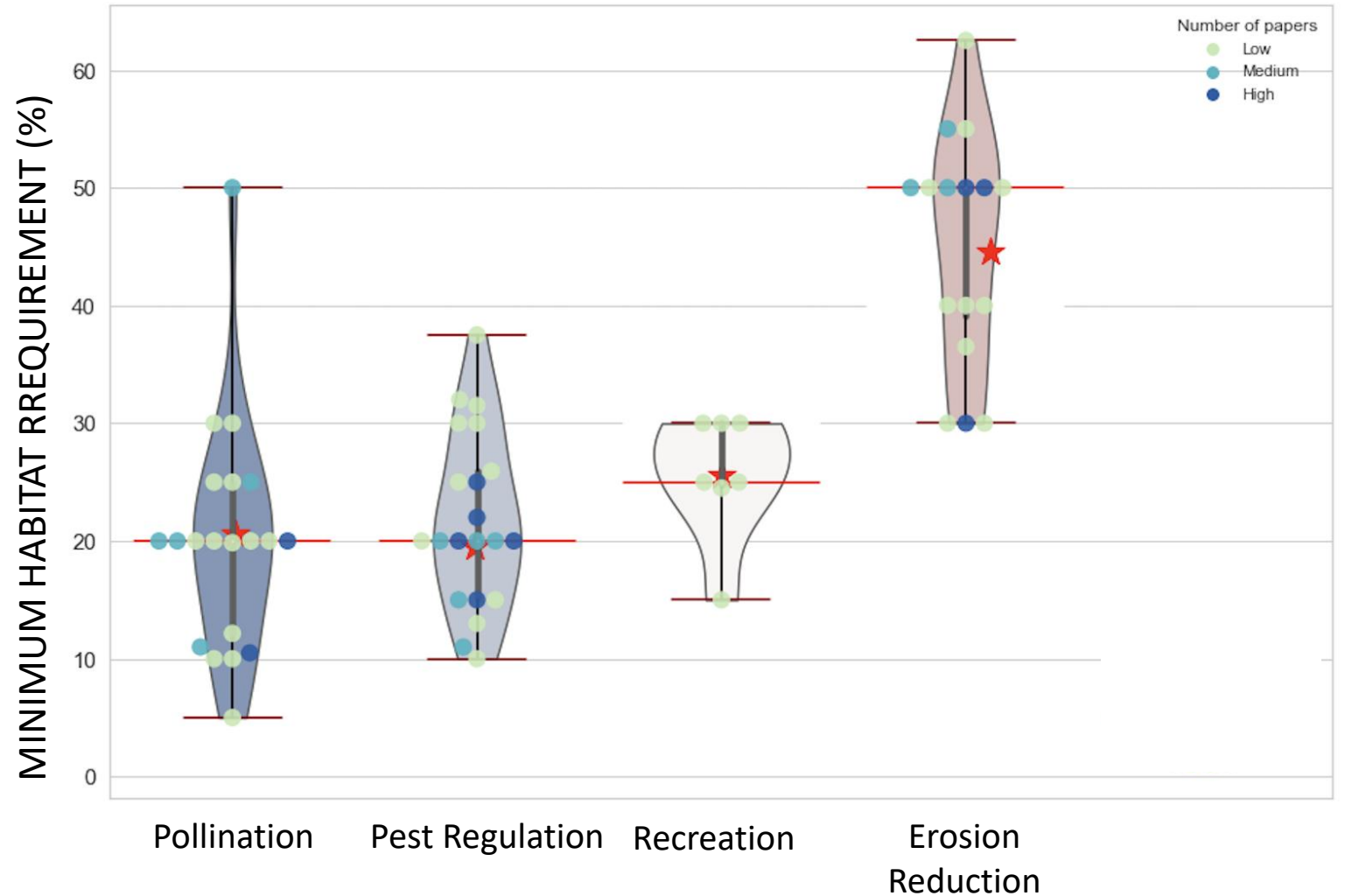
Agroecology, as an ecological science, focuses on the contribution of **biodiversity** on enhancing the generation of ecosystem services to and from agriculture with the aim of **regenerating** these services. Diversification, agroecological, or regenerative agricultural practices are overlapping and include a diversity of management options from fields to landscapes.



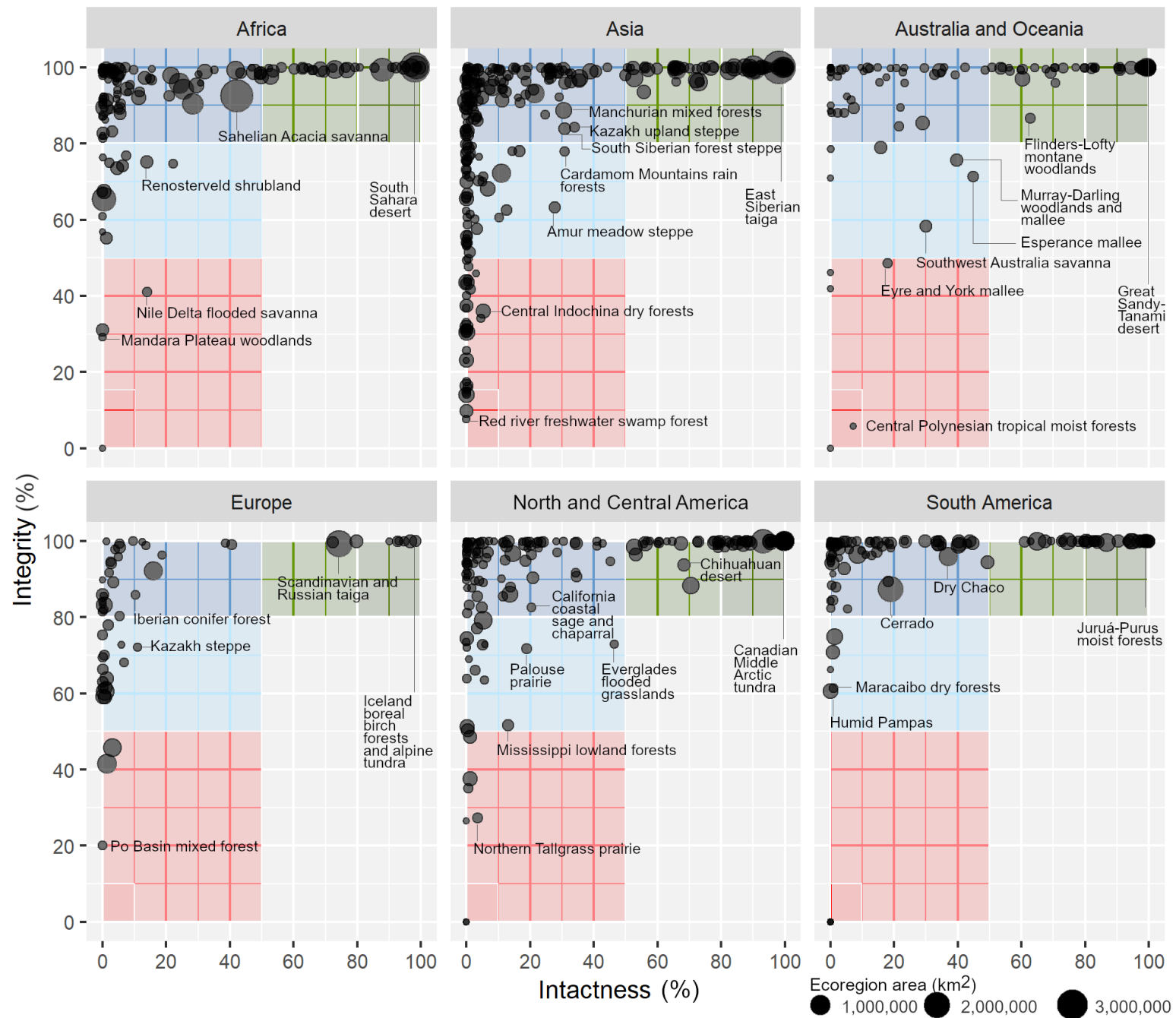


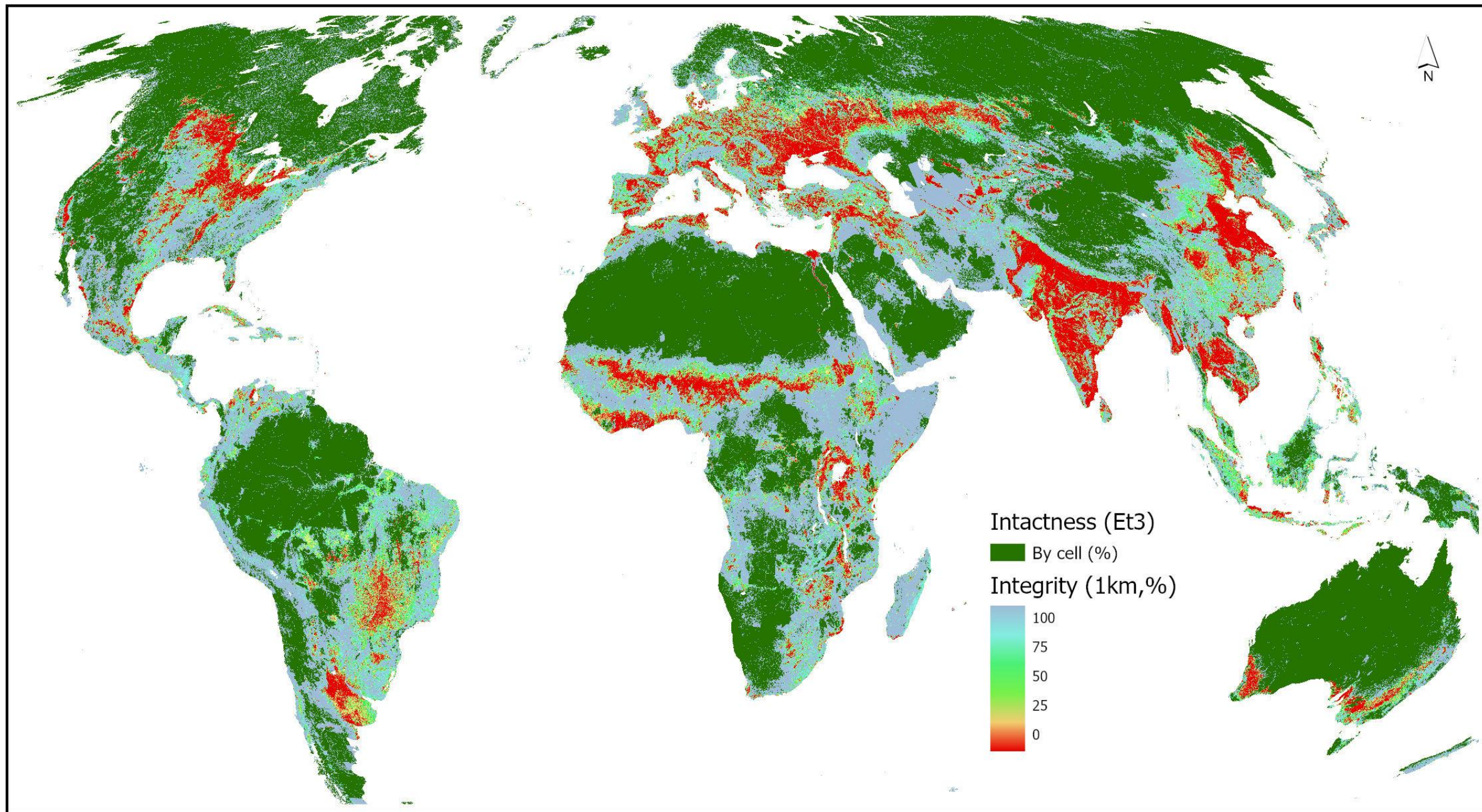
How do ES Decay with Distance?

nitrogen fixation [0.1-1 m]
 reduce sediment loss [1-10 m]
 pollination [10-1000 m]
 pest control [10-1000 m]



AGROECOSYSTEM SERVICE

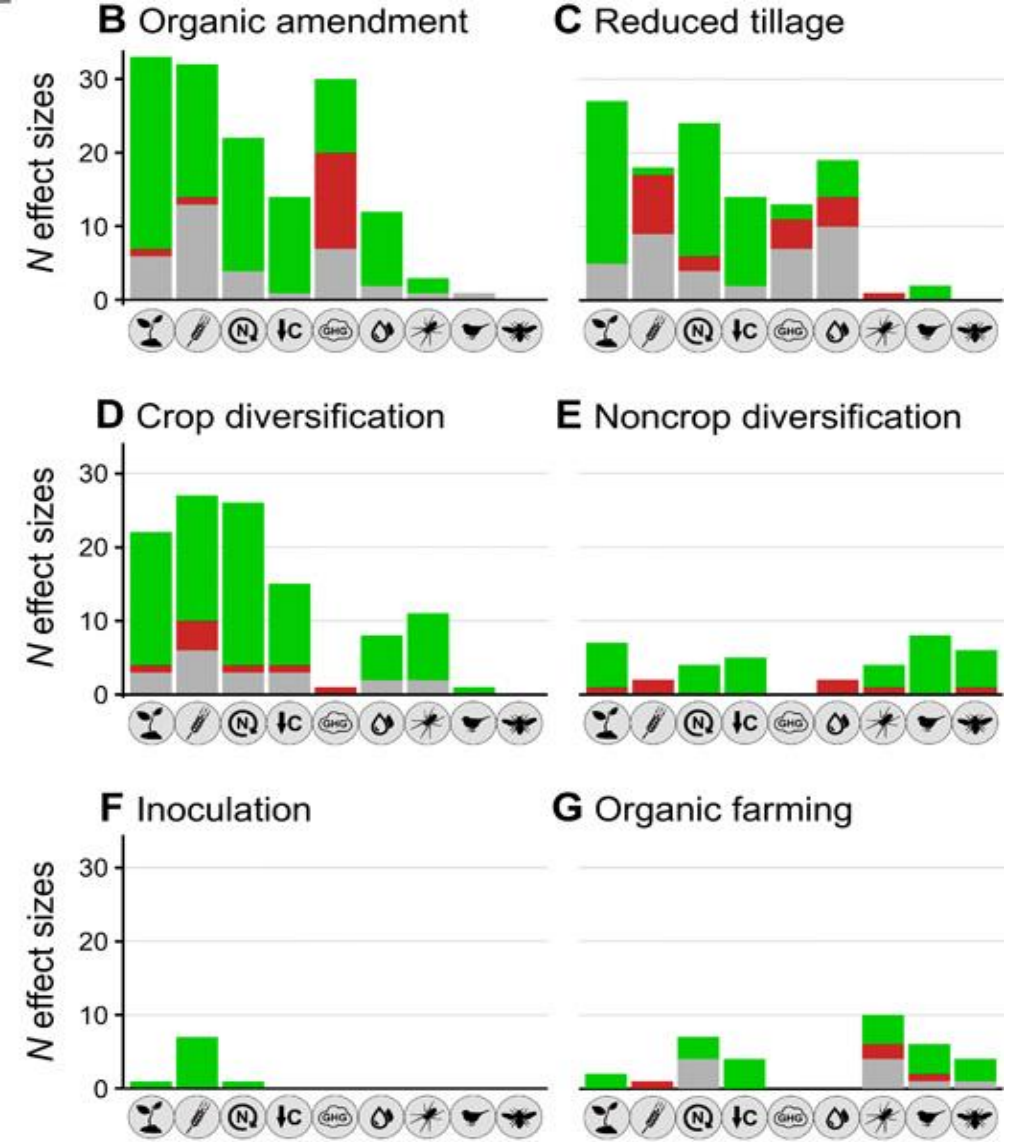
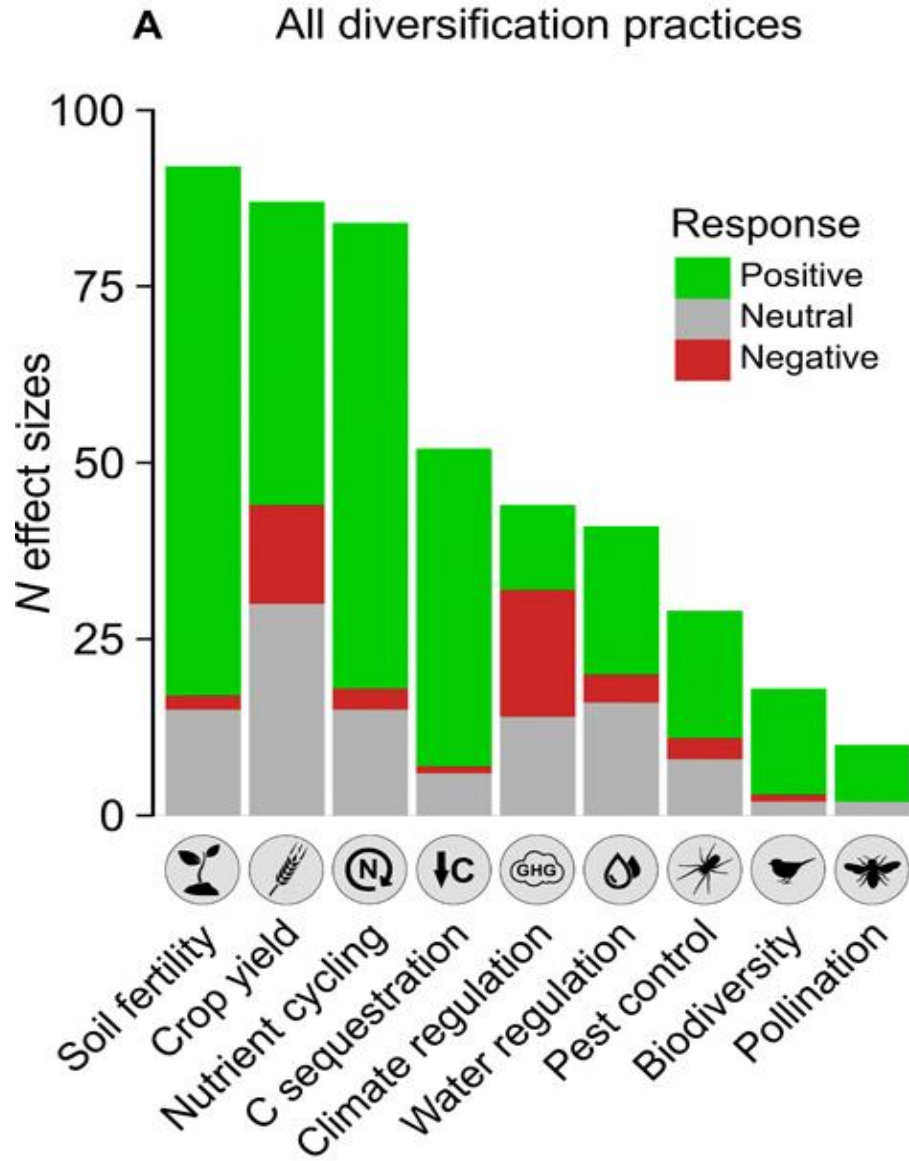




Agricultural diversification promotes multiple ecosystem services without compromising yield

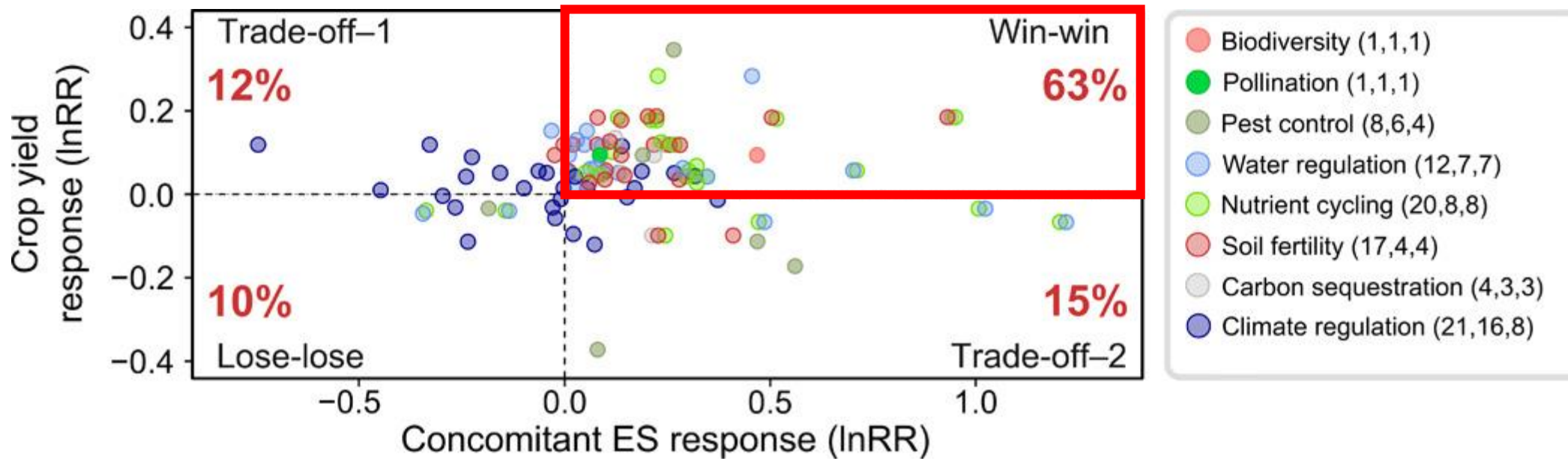
GIOVANNI TAMBURINI , RICCARDO BOMMARCO , THOMAS CHERICO WANGER , CLAIKE KREMEN , MARCEL G. A. VAN DER HEIJDEN , MATT LIEBMAN 

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Agricultural diversification promotes multiple ecosystem services without compromising yield

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Biodiversity and Agriculture: Rapid Evidence Review

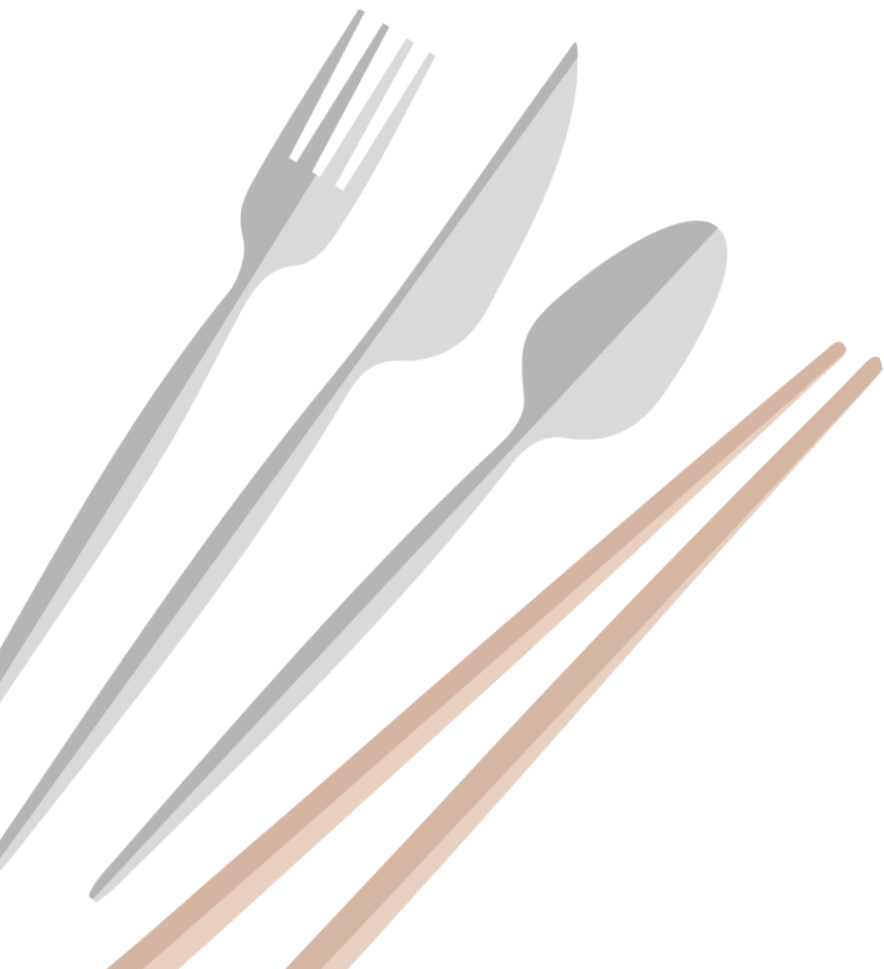
Fabrice A.J. DeClerck, Izabella Koziell, Aman Sidhu, Jonathan Wirths, Tim Benton, Lucas A. Garibaldi, Claire Kremen, Martine Maron, Cristina Rumbaitis del Rio, Michael Clark, Chris Dickens, Natalia Estrada-Carmona, Alexander K. Premier, Sarah K. Jones, Colin K. Khoury, Rattan Lal, Michael Obersteiner, Roseline Remans, Adrien Rusch, Lisa A. Schulte, Jeremy Simmonds, Lindsay C. Stringer, Christopher Weber, and Leigh Winowiecki.











*Regenerative agricultural practices can generate additional critical ecosystem services by maintaining biodiversity in agricultural lands. **At scale, these practices offer the potential to sequester 4.3-6.9 Gt CO₂e year⁻¹ [Medium Agreement, Medium Evidence], create 12- 17 M km² habitat for biodiversity [High Agreement, High Evidence] and increase connectivity for biodiversity [High Agreement, Limited Evidence]. There is no evidence that diversified production systems compromise food security – many agricultural diversification practices provide multiple complementary benefits [High Agreement, High Evidence].***

Target 1 – Healthy Diets

2500 kcal/day

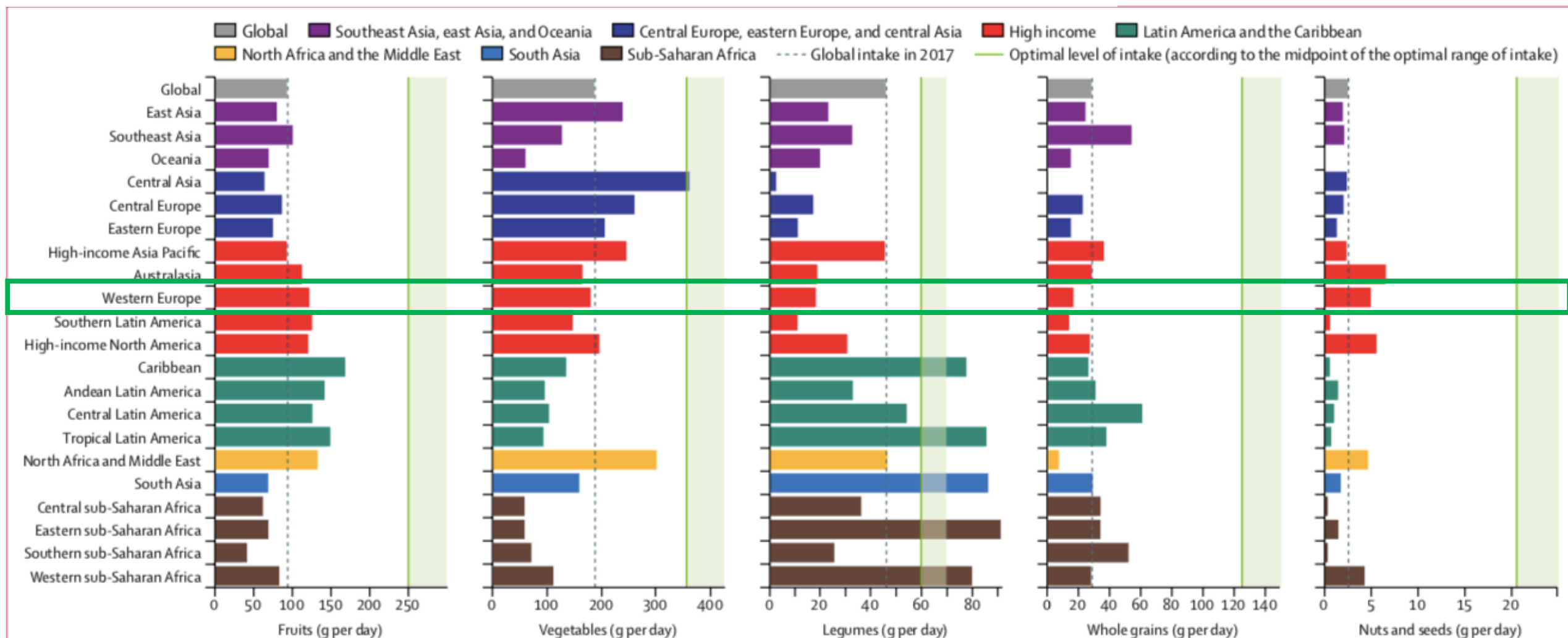


		Macronutrient intake grams per day (possible range)	Caloric intake kcal per day
	Whole grains Rice, wheat, corn and other	232	811
	Tubers or starchy vegetables Potatoes and cassava	50 (0–100)	39
	Vegetables All vegetables	300 (200–600)	78
	Fruits All fruits	200 (100–300)	126
	Dairy foods Whole milk or equivalents	250 (0–500)	153
	Protein sources		
	Beef, lamb and pork	14 (0–28)	30
	Chicken and other poultry	29 (0–58)	62
	Eggs	13 (0–25)	19
	Fish	28 (0–100)	40
	Legumes	75 (0–100)	284
	Nuts	50 (0–75)	291
	Added fats		
	Unsaturated oils	40 (20–80)	354
	Saturated oils	11.8 (0–11.8)	96
	Added sugars All sugars	31 (0–31)	120

Health effects of dietary risks in 195 countries, 1990–2017: a systematic analysis for the Global Burden of Disease Study 2017



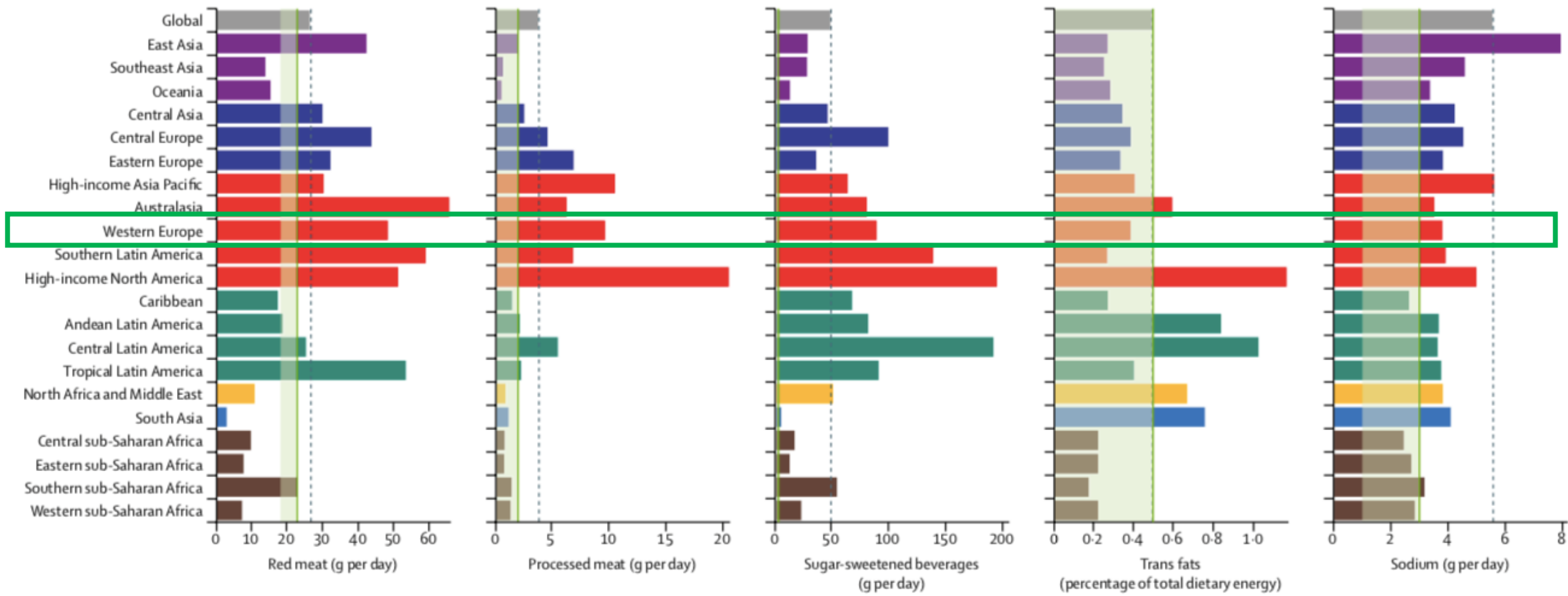
GBD 2017 Diet Collaborators*



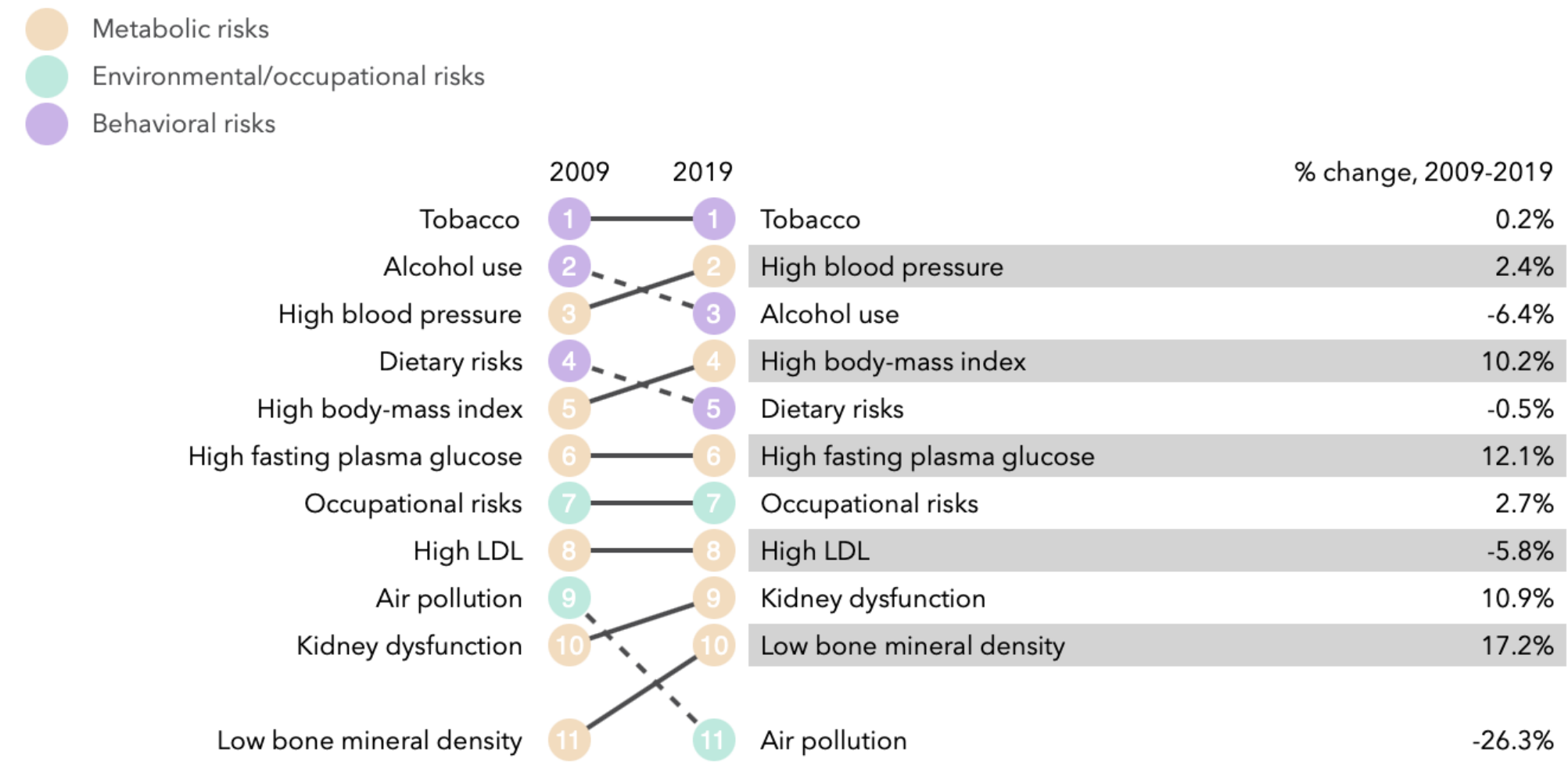
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GBD 2017 Diet Collaborators*



What risk factors drive the most death and disability combined?



What risk factors drive the most death and disability combined?

